



Gravy I

With Whole Grain Flours

INGREDIENTS	US/Oz	METRIC/g
Salted Butter	2	56.7
Chicken or Beef Stock	10	283.5
50:50 Dry Blend made from:	1	28.4
INSTA GRAINS® SOFT WHITE WHEAT FLOUR and SPROUTED WHEAT FLOUR TOASTED MEDIUM		

1. Melt 2 ounces salted butter in sauté pan.
2. Add 1 ounce 50:50 dry blend and whisk in quickly and thoroughly until smooth.
3. Add 10 ounces chicken or beef stock and blend in, stirring constantly until desired consistency.
4. Remove from heat and serve.

BENEFITS OF BRIESS INGREDIENTS

Sprouted Wheat Flour
Toasted Medium delivers
natural savory flavor and
warm color

High fiber, whole grain flours

Low fat

Trans fat free

All natural

Kosher certified

Non-GMO

Made in the U.S.A.